## **Maintain Your Professional Language Skills**

ATA Back to Basics Webinar December 7, 2021 Eve Lindemuth Bodeux

## **Define a Framework**

- 1. Which languages do you want to maintain or improve?
- 2. Why do you want to maintain or improve your language skills?
- 3. What specific goals do you want to achieve?
- 4. What specific steps will you take to reach these goals?
- 5. How much time are you willing to commit to reach these goals?
- 6. How much (\$) are you willing to invest?
- 7. What will success look like?
- 8. What reward will you offer yourself after reaching a milestone?

## **Five Areas of Focus**

- 1. Speaking (output)
- 2. Listening (input)
- 3. Writing (output)
- 4. Reading (input)
- 5. Cultural Knowledge

## **Periodically Assess Your Progress**

Look back at the framework you defined.

- 1. You define what success will look like. Did you achieve the specific goals you wanted to achieve?
- 2. Did you meet your time commitment?
- 3. Readjust time spent or goal(s) as needed.
- 4. Reward yourself after reaching milestones to stay on a positive path and to encourage further study.
- 5. Start again and periodically reassess.